

YOUR FORCES
AND
HOW TO USE THEM
CHRISTIAN D. LARSON

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BY

CHRISTIAN D. LARSON

Author of

"The Ideal Made Real," "The Great Within," "On The
Heights," "Mastery of Fate," "Poise and Power,"
"How to Stay Young," "Mastery of Self,"
"How Great Men Succeed," "The
Hidden Secret," "The Path-
way of Roses," etc.



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constantly be in touch with the great within when it lives, thinks and works in the firm conviction that "there is more of me,"—so much more that it cannot be measured.

We can receive from this deeper life only that which we constantly recognize and constantly realize, because consciousness is the door between the outer life and the great within, and we open the door to those things only of which we become conscious.

The principal reason therefore why the average person does not possess greater powers and talents, is because he is not conscious of more; and he is not conscious of more because he has not vitally recognized the great depths of his real life, and has not tried to consciously fathom the possibilities that are latent within him. The average person lives on the surface. He thinks that the surface is all there is of him, and consequently does not place himself in touch with the live wire of his interior and inexhaustible nature. He does not exercise his greatest power—the power to discern what his whole nature actually contains; therefore, he does not unlock the door to any of his other powers.

This being true, we can readily understand why mortals are weak—they are weak simply because they have chosen weakness; but when they begin to choose power and greatness, they will positively become what they have chosen to become.

We all must admit that there is more in man than what is usually expressed in the average person. We may differ as to how much more, but we must agree that the more should be developed, expressed and applied in everybody. It is wrong, both to the individual and to the race, for any one to remain in the lesser when it is possible to attain the greater. It is right that we all should ascend to the higher, the greater and the better now. And we all can.

