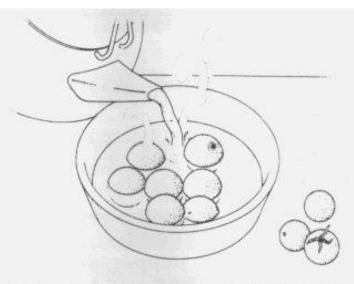
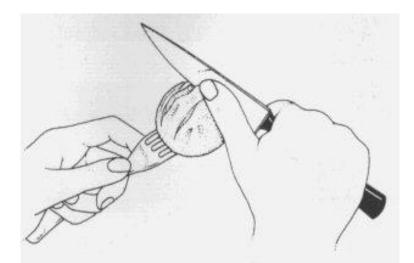
## How To Peel Tomatoes.

Tomatoes can be peeled easily, as shown below.



**1** Cover the tomatoes with boiling water and leave for 1 minute, then plunge into cold water.



**2** Remove with a fork and use a sharp knife to take away the skin which will peel off easily.